

Urs's Chili

1 lb. Ground beef
1/2 cup chopped onions
2 garlic cloves chopped
1 cup BBQ sauce
1-28 oz can tomatoes
2-14 oz cans kidney beans,
2 tablespoons grated unsweetened Chocolate
2 teaspoon chili powder
1 teaspoon ground pepper
1/2 teaspoon cumin
1/2 teaspoon turmeric
1/2 teaspoon allspice
1/2 teaspoon cinnamon
1/4 teaspoon ground cloves
1/4 teaspoon coriander
1/4 teaspoon cardamom
Salt and pepper

Brown beef, onions and garlic in a large pot. Add remaining ingredients; cook for 30 min.

makes 4-6 servings.

Serve with our famous Corn Bread



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